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NEGOTIATE

When you can see things differently and speak for yourself, it becomes easier to **NEGOTIATE**. It's important to remember that this isn't about getting what you want – it's about finding a compromise that works for your child.



Make a clear and polite request:

"I would like Josh to be there for all of the fireworks."

Offer something positive that you can do:

"OK. How about I leave earlier and drop him straight to the party?"

Find a compromise that everyone can agree to:

"He's not got his wellies... but I could bring them and meet you there."