



Primary School Lunch Menu

SEPTEMBER - FEBRUARY

Planet Friendly Days

(Menu Option 2wnh)

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Classic Pasta Pomodoro (v) Oven Baked Crusty Bread (v)	Posh Pork Hot Dog in a Bun Chips (vg)	Oven Baked Hunters Chicken Mashed Potato (v)	Traditional Cottage Pie Carrot & Swede Mash (v)	Crispy Fish Fingers or Salmon Finger Wrap
Main Course	Crispy Quorn Dippers (v) Garlic Mayo Dip (v) Skin on Wedges (v)	Mighty Quorn Frankfurter in a Bun (v) Chips (vg)	Indian Style Mild Korma Curry (v) Steamed Rice (v), Naan Bread (v)	Classic Mac 'n' Cheese (v) Garlic Bread (v)	Super Green Risotto (vg) Oven Baked Crusty Bread (v)
Chef's Choice of Seasonal Vegetables and Salad Bar (v)(vg) / Jacket Potatoes – Cheese (v), Tuna Mayo, Beans (v/vg) / Sandwiches Options (v)					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Ice Cream with Fruit (v)	Marble Cake with Chocolate Custard (v)	Fruity Oat Cookie (v)	Sticky Orange Cake with Custard (v)	Shortbread Finger (v)
Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Handmade Margherita Pizza Slice (v) Pasta Quills (v)	Chinese Style Chicken Curry Steamed Rice (v)	Oven Baked Sausage Roll Crispy Diced Potato (v)	Traditional Minced Beef & Dumpling Mashed Potato (v)	Crispy Fish Stars or Salmon Bites Chips (vg)
Main Course	Handmade Supreme Pizza Slice (v) Pasta Quills (v)	Creamy Sweetcorn Pie (vg) Roast Potatoes (v)	Oven Baked Golden Cheese Roll (v) Crispy Diced Potato (v)	Traditional Minced Quorn & Dumpling (v) Mashed Potato (v)	Classic Cheese & Tomato Quiche (v) Chips (vg)
Chef's Choice of Seasonal Vegetables and Salad Bar (v)(vg) / Jacket Potatoes – Cheese (v), Tuna Mayo, Beans (v/vg) / Sandwiches Options (v)					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Frozen Yoghurt (v)	Chocolate & Pear Sponge with Custard (v)	Pancakes with Sliced Banana & Golden Syrup (v)	Coconut Cookie (v)	Blueberry Crumble Muffin (v)
Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Indian Chicken Masala Curry Steamed Rice (v) Naan Bread (v)	Handmade Margherita Pizza Slice (v) Seasoned Wedges (vg)	Classic Minced Beef Bolognese with Spaghetti Garlic Bread (v)	Oven Roast Chicken Fillet Yorkshire Pudding Mashed Potato (v)	Battered Fish or Salmon Bites Chips (vg)
Main Course	Crispy Golden Nuggets (v) Tomato Dip (v) Savoury Rice (v)	Handmade Supreme Pizza Slice (v) Seasoned Wedges (vg)	Classic Plant Power Bolognese with Spaghetti (v) Garlic Bread (v)	Juicy Roast Quorn Fillet Yorkshire Pudding (v) Mashed Potato (v)	Loaded Mexican Style Wedges (vg) Chopped Mixed Salad (vg)
Chef's choice of seasonal vegetables and Salad Bar (v)(vg) / Jacket Potatoes – Cheese (v), Tuna Mayo, Beans (v/vg) / Sandwiches Options (v)					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Peach Drizzle Sponge (v)	Jelly with Fruit Salad (v)	Sliced Banana with Chocolate Custard (v)	Frozen Yoghurt (v)	Apple Crumble Muffin (v)

Week 1	Week 2	Week 3
01 Sept 25	08 Sept 25	15 Sept 25
22 Sept 25	29 Sept 25	06 Oct 25
13 Oct 25	20 Oct 25	03 Nov 25
10 Nov 25	17 Nov 25	24 Nov 25
01 Dec 25	08 Dec 25	15 Dec 25
05 Jan 26	12 Jan 26	19 Jan 26
26 Jan 26	02 Feb 26	09 Feb 26

CHOICE OF DRINKS:

Chilled water
Reduced Fat Milk (v)

Menus are subject to availability
(Vg) Plant-Based and Planet-Friendly
(v) Suitable for Vegetarians

Newcastle
City Council