

## The Stations of the Cross

There are Fourteen stations of the Cross which follow Jesus journey from his arrest to his death. Each station has an image depicting the scene. The stations of the cross can be seen in Church or in our school hall.

## The Stations of the Cross

1. Jesus is condemned to death.
2. Jesus takes up his cross
3. Jesus falls for the first time
4. Jesus meets his mother
5. Simon of Cyrene helps Jesus carry his cross
6. Veronica wipes the face of Jesus
7. Jesus falls for the second time.
8. Jesus comforts the women of Jerusalem
9. Jesus falls for the third time
10. Jesus is stripped of his garments
11. Jesus is nailed to the Cross
12. Jesus dies on the Cross
13. Jesus is taken down from the Cross
14. Jesus is laid in the tomb.

## Blessing and Giving of the Ashes

Turn away from Sin and be faithful to the Gospel.

## Prayer of St Teresa of Avila

Grant that in all things,  
great and small,  
today and all the days of  
my life,  
I may do whatever you re-  
quire of me.  
Help me respond to the  
slightest prompting of Your  
Grace, so that I may be  
your trustworthy instrument  
for Your honour.  
May your will be done in  
time and in eternity by me  
and through me.  
Amen

## Prayers to be aware of.

Simple phrases for Sacra-  
mental Rites.

Simple examination of Con-  
science

Simple phrases from the  
Psalms.

Other Saints prayers

# Prayer Book



# Year Three and Year Four

### Sign of the Cross

In the Name of the Father  
and of the Son, and of the  
Holy Spirit.

Amen

### End of Day Prayer

God our Father,  
We come to say,  
Thank you for your love  
today.  
Thank you for my family,  
and all the friends you  
give to me.  
Guard me in the dark of  
night and in the morning  
send your light.  
Amen

### I Confess

I confess to almighty God,  
and to you, my brothers and sisters,  
that I have greatly sinned  
through my thoughts and in my words,  
in what I have done, and in what I have failed to do;  
through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sister,  
to pray for me to the Lord our God.

### Morning Prayer

O my God you love me.  
Your with me every day.  
I try to love you always,  
In all I do and say.  
I'll try to please you Fa-  
ther,  
Bless me through the day.  
Amen

### Grace After Meals

We give you thanks,  
Almighty God,  
For these and all your  
gifts,  
Which we have received  
through Christ Our Lord.  
Amen

### Act of Contrition

O my God,  
I thank you for loving me.  
I am sorry for my sins:  
For not loving others  
and not loving you.  
Help me to live like Jesus  
and not sin again.  
Amen

### Guardian Angel Prayer

Angel of God, my guardi-  
an dear,  
to whom God's love  
commits me here,  
ever this day be at my  
side,  
to light and guard, to  
rule and guide.  
Amen.

### Lunchtime Prayer

Bless us O God,  
As we sit together,  
Bless the food we eat to-  
day.  
Bless the hands that make  
the food,  
Help us give food to the  
hungry children.  
Bless us O God.  
Amen



### The Magnificat

My soul glorifies the Lord,  
My spirit rejoices in God my Saviour.  
He looks on his servant in her lowliness;  
Henceforth all generations will call me blessed.  
The Almighty works marvels for me.  
Holy his name!  
His mercy is from age to age,  
on those who fear him.  
He puts for his arm in strength  
And scatters the proud hearted.  
He casts the mighty from their thrones  
and raised the lowly.  
He fills the starving with good things,  
Sends the rich away empty.  
He protects Israel, his servant,  
remembering his mercy,  
the mercy promised to our Fathers,  
to Abraham and his sons for ever.  
Glory be to the Father, and to the Son,  
and to the Holy Spirit,  
as it was in the beginning, is now,  
and ever shall be, World without end.  
Amen

### Prayers of Intercession Responses

Lord, in your Mercy:  
Hear our Prayer  
Lord, Hear us:  
Lord, Graciously hear  
us.

### Eternal Rest

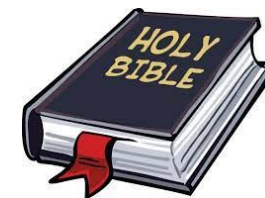
Eternal rest grant unto  
them, O Lord, and let  
perpetual light shine up-  
on them. May they rest  
in peace.  
Amen

### Hail Mary

Hail Mary, full of grace.  
The Lord is with thee.  
Blessed art thou amongst  
women,  
and blessed is the fruit of  
thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners, now  
and at the hour of our  
death,  
Amen.

### Our Father

Our Father,  
Who art in heaven,  
Hallowed be Thy Name.  
Thy Kingdom come,  
Thy Will be done,  
On earth as it is in Heav-  
en.  
Give us this day, our daily  
bread,  
And forgive us our tres-  
passes, as we forgive  
those who trespass against  
us.  
And lead us not into temp-  
tation,  
but deliver us from evil.  
Amen



### Guardian Angel Prayer

Angel of God, my guardi-  
an dear,  
to whom God's love  
commits me here,  
ever this day be at my  
side,  
to light and guard, to  
rule and guide.  
Amen.

### Glory Be

Glory Be to the Father,  
and to the Son,  
and to the Holy Spirit.  
As it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen

## Simple Responses at Mass.

### Introductory Rite

Priest: The Lord be with you.

People: And with your spirit

Priest: Lord, have mercy.

People: Lord, have mercy.

Priest: Christ, have mercy.

People: Christ, have mercy.

Priest: Lord, have mercy.

People: Lord, have mercy.

### After First and Second Readings:

Proclaimer: The Word of the Lord.

All: Thanks be to God

### Before the Gospel:

Priest/Deacon: The Lord be with you.

People: And with your spirit.

Deacon/Priest: A reading from the holy Gospel according to...

+ + +

People: Glory to you, O Lord.

### After the Gospel:

Priest/Deacon: The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

## The Mysteries of the Rosary

### The Joyful Mysteries

We pray these on Mondays and Saturdays

The Annunciation

The Visitation

The Nativity

The Presentation of Jesus in the Temple

The Finding of Jesus in the Temple

### The Mysteries of Light

We pray these on Thursdays

The Baptism of Jesus

The Wedding at Cana

Jesus Announces God's Kingdom

The Transfiguration

Jesus gives us the Holy Eucharist.

### The Sorrowful Mysteries

We pray these on Tuesdays and Fridays

The Agony in the Garden

The Scourging at the Pillar

The Crowning with Thorns

The Carrying of the Cross

The Crucifixion

### The Glorious Mysteries

We pray these on Wednesdays and Sundays

The Resurrection

The Ascension

The Descent of the Holy Spirit

The Assumption

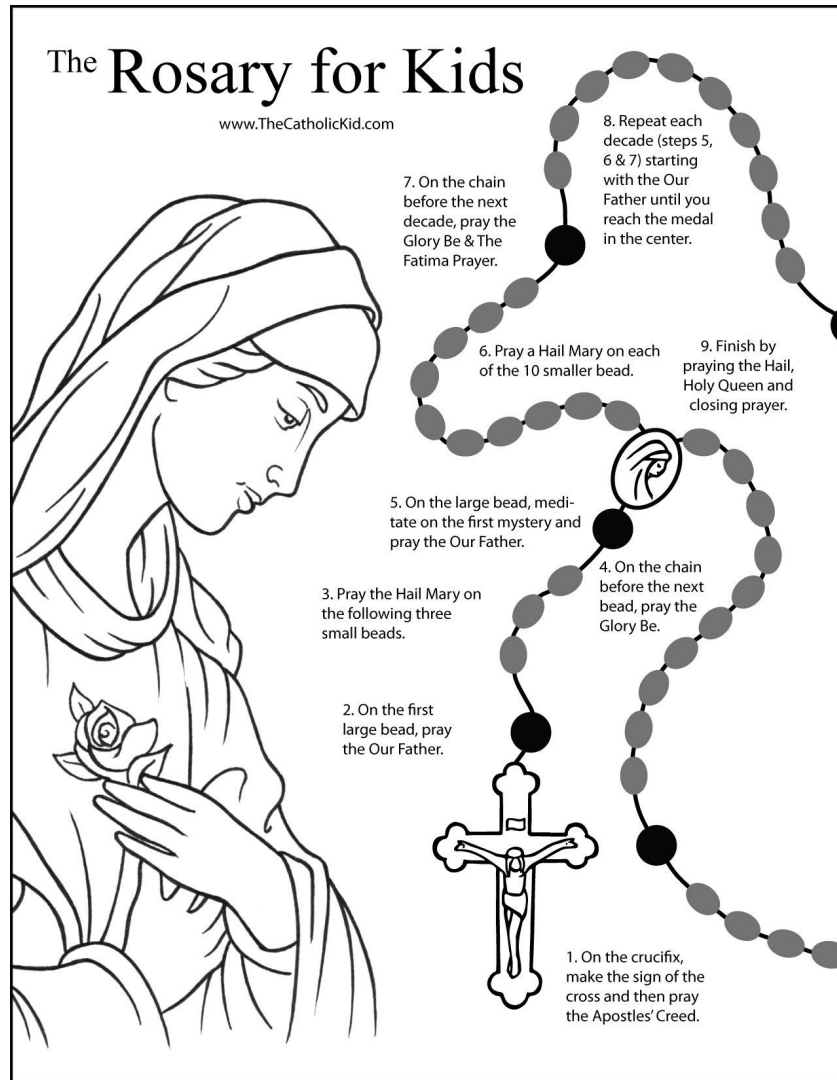
The Crowning of Mary



## The Rosary

### The Rosary for Kids

www.TheCatholicKid.com



1. On the crucifix, make the sign of the cross and then pray the Apostles' Creed.
2. On the first large bead, pray the Our Father.
3. Pray the Hail Mary on the following three small beads.
4. On the chain before the next bead, pray the Glory Be.
5. On the large bead, meditate on the first mystery and pray the Our Father.
6. Pray a Hail Mary on each of the 10 smaller beads.
7. On the chain before the next decade, pray the Glory Be & The Fatima Prayer.
8. Repeat each decade (steps 5, 6 & 7) starting with the Our Father until you reach the medal in the center.
9. Finish by praying the Hail, Holy Queen and closing prayer.

### Blessing the Advent Wreath

Lord our God, we praise you  
for your Son, Jesus Christ:  
he is Emmanuel,  
the hope of the peoples,  
he is the wisdom that teaches  
and guides us,  
he is the Saviour of every  
nation. Lord God, let your  
blessing come upon us as  
we light the candles of this  
wreath.

May the wreath and its light  
be a sign of Christ's promise  
to bring us salvation.  
May he come quickly and not  
delay. We ask this through  
Christ our Lord. Amen.

### Examination of Conscience

Lord our God, we praise you  
for your Son, Jesus Christ:  
he is Emmanuel,  
the hope of the peoples,  
he is the wisdom that teaches  
and guides us,  
he is the Saviour of every  
nation. Lord God, let your  
blessing come upon us as  
we light the candles of this  
wreath.

May the wreath and its light  
be a sign of Christ's promise  
to bring us salvation.  
May he come quickly and not  
delay. We ask this through  
Christ our Lord. Amen.

### Prayer of St Francis of Assisi

Lord, make me an instrument of your peace:

Where there is hatred let me sow love;

Where there is injury, pardon;

Where there is doubt, faith;

Where there is darkness, light;

and where there is sadness, joy.

O Divine Master,

Grant that I may not so much seek

to be consoled, as to console;

to be understood as to understand;

to be loved, as to love;

for it is in giving that we receive,

it is pardoning that we are pardoned,

and it is in dying that we are born to eternal life.



## Simple Responses at Mass.

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People: And with your spirit

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+ + +

People: Glory to you, O Lord.

### After the Gospel:

Priest/Deacon: The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

### Invitation to Prayer

Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

### Holy, Holy, Holy

... we sing the hymn of your praise, as without end we acclaim:

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

### Sign of Peace

The peace of the Lord be with you always.

And with your spirit.

Let us now offer each other the sign of peace

Peace be with you.

### Lamb of God

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace

### Concluding Rites

The Lord be with you.

And with your spirit.

May almighty God bless you, the Father, and the Son, and the Holy Spirit.  
Amen.

Go forth, the Mass is ended. Thanks be to God.

