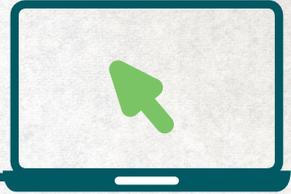


Top Internet safety tips



> If the computer is in a private room in the house such as a child's bedroom consider moving it into a family area where you can **see what is going on** and the sites being visited.

> If you do visit a site such as **Facebook** on a regular basis make sure you change the default security settings so you are not sharing your profile and photos with everyone.

> Children and young people need to **understand the risks** they may face by disclosing lots of personal information in these online environments.

> It's a good idea to make sure the people on your children's contact lists are known to them in the 'real world'. That way they can be sure of **who they are talking to**.



Keep personal information personal and **offline where possible** - friends in the real world will already have this information.



Webcam images and clips are classed as personal information and they can be recorded and copied, as well as shared with other people. If your children are **using webcams**, it's a good idea for them to only use it with people they know in the real world.



Photos that are posted in online forums such as social networking sites can also be copied and used by strangers elsewhere. Offenders can pose as a child and **use photos** they have found to hide behind. If a photo is not suitable to be handed around the dinner table, it should not be posted online.



Encourage your children to visit the CEOP site www.thinkuknow.co.uk and show them how they can report to specialist police officers at the CEOP Centre if they experience inappropriate behaviour online, using the 'Report Abuse' button.

Remember to protect yourself online